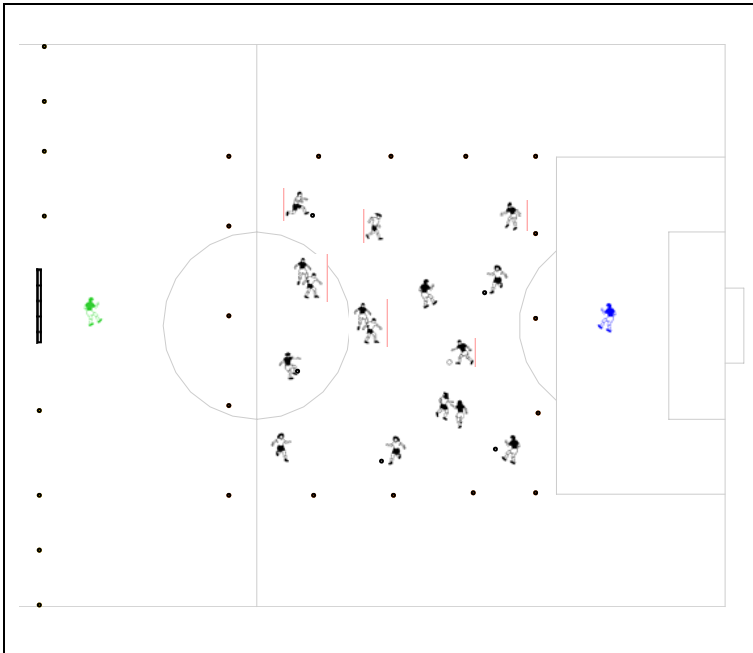


Eastern New York North Olympic Development Program Mini-Camp
1988 Girls - Final Third Attacking ~ recognizing runs & keeping possession
Brad Murphree - June 26, 2005



Technical / Tactical Demand:

Reading cues

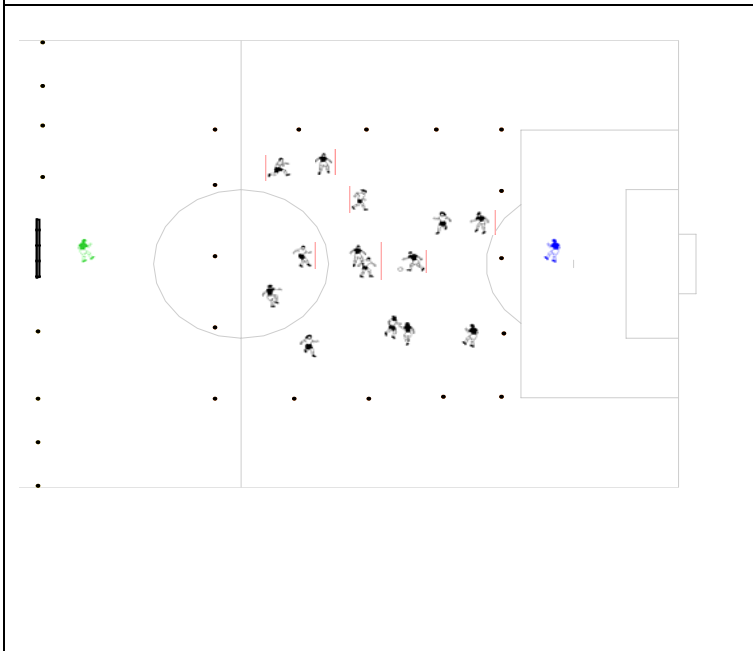
Two teams of players, each with in a different color with 1-3 balls per team. The length of the space should be two yards from the top of the 18 to two yards past the midfield line, and the width should be the 18 extended.

Coaching Points:

- Players should make quick decisions
- Players should not slow upon receiving the ball
- Players should be encouraged to split another color with a pass or dribble as soon as they recognize the opportunity - if they wait too long, the opportunity may pass
- Players should be encouraged to communicate with each other to assist with recognizing split opportunities. The speed of play will change constantly - at times a player may have the ball longer than others, while looking for a penetrating opportunity - at other times, a player may have the ball for a very brief time as an opportunity may be immediately available

Progressions:

1. Players receive the balls using several different surfaces
2. Players pass and move and each time a player receives a ball, they should attempt to split another color with a dribble.
3. Players pass and move attempting to split another color with a pass
4. 5th pass in the air
5. Use goal keepers as targets



Possession:

2 Teams with goalkeepers.

Area: The length of the space should be two yards from the top of the 18 to two yards past the midfield line, and the width should be the 18 extended.

Players score points by timing runs around cones or keeping the ball for ten passes. Players can also score bonus points by finding the target goal keeper after they have scored a point around a cone or completed the amount of passes.

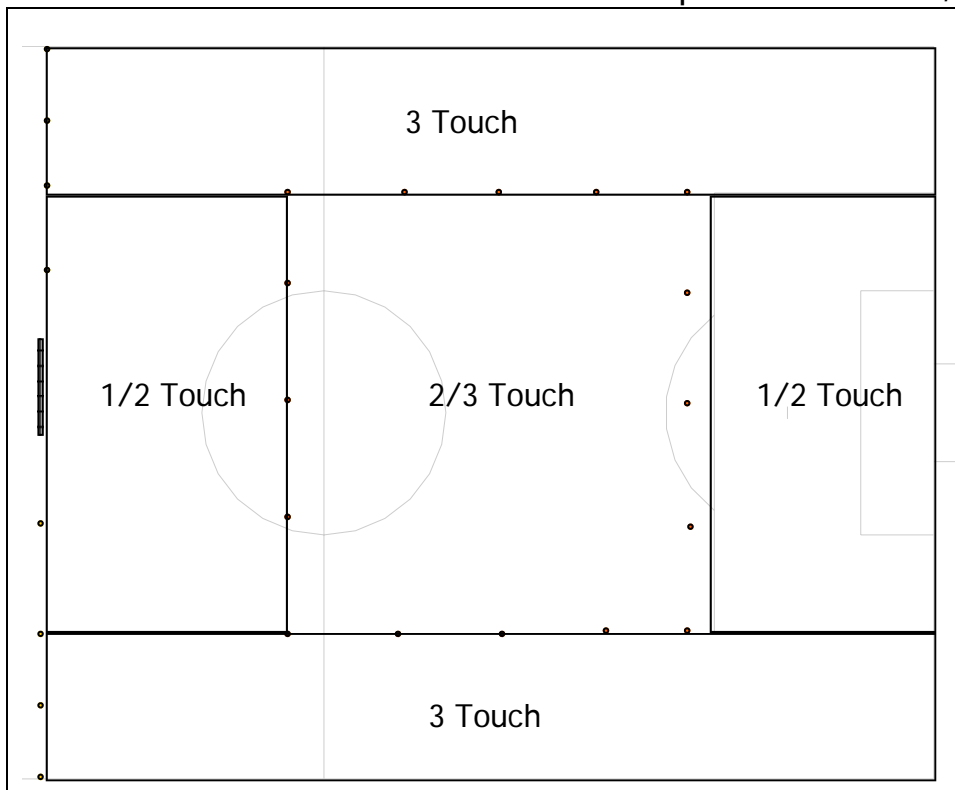
Coaching Points:

- Players must open up their runs
- Can find ways to score that aren't direct
- Can they score more than 1 cone
- Weight of the pass & Timing of the run
- Do the players see gaps and seams to penetrate
- Can the players read the play and communicate that to their team

Progressions:

1. Score by making run around multiple cones
2. Remove ten pass rule and add scoring on goal in order to go to goal players must capture a cone in their run first.

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Coaching Points:

- Are the forward players working together to time their runs in the box and are they taking advantage of their opportunities
- Are the outside players creating chances to score
- Are the midfield players recognizing when to play outside and when to play penetrating passes into the box

Progression:

1. Use touch conditions in corresponding areas outside 3 touch, middle 2 touch, front & back 1 touch
2. Remove conditions but keep coned framework to help players with their spacing using the cones in front of goal as an offside line
3. Remove cones and play 11v11 game using system