

Get'em

Collective dodge ball game. Players all start with a pinny in hand and without a ball. Balls are placed on the perimeter. One or two players start with a ball inside the grid. Once a player is tagged they lose the pinny then they help tag the other players. For every player they tag they get a point.

- Play stops when the last player gets tagged (the winner)
- Players announce their scores highest score (also the winner)
- The two winners start the next round

Soccer Dodge ball

Two teams play against each other with one team trying to tag as many players by striking them with the ball below their knees in a given time period.

1st game vs. parents & coaches

2nd game players vs. players

Hit the coach

Players try to manipulate their ball and kick it into the coach's feet. If they hit the coach then the coach has to imitate an animal the successful player chooses.

Introduce striking surfaces

Bee Sting Game

Players are buzzing bees moving around with a ball at their feet. The players or "bees" attempt to "sting" a coach or parent by passing the ball to them, who once stung writhes in agony. If "bees" make five successful stings they go to the beehive for a reward of honey (high five).

Pong

This is a simple game. Two players play against each other and share a ball. They place two cones anywhere from 2-8 yards apart. They choose! Players pass back and forth to each other. The rules are that the ball must never stop, must always stay on the ground and must go through the two cones without touching them. Whenever this is violated the other person receives a point. Because of the rule that the ball must never stop, players have to play 1-2 touch. The closer the two cones are the closer the pairs are probably going to be. The farther apart they are, the more they will have to move laterally and look more like the old arcade "pong" game. Play for time and see who can become the Champ!

Gauntlet

Hit the coach variation. Coaches run the gauntlet. Players deal with moving balls

Introduce receiving concentration

Clean up your yard

Play area is divided in half with a neutral space in the middle. Players are divided into two teams; each player has a ball. The object of the game is to try and get as much trash into the other team's yard before time runs out.

Progressions:

Players have to use a particular surface to get the ball across the "Fence"

Players have to get the ball from another player, coach, or parent before it goes over the fence

2v2 +2

Each group of 2 is a team. One team are goalkeepers the other two teams play until someone scores. Coach re-introduces the balls to keep play flowing (no throw in; goal kicks, corners, etc. Encourage turning when under pressure.